# **Butterfly & Hummingbird Gardens**

Butterflies are special insects that need different sorts of foods at different times in their lifecycle.

### Choosing the right place for your Butterfly Garden:

- 1. Pick a sunny location.
- 2. Shelter the garden from wind with a screen of shrubs or a fence.
- 3. Add rocks to absorb the sun's heat and serve as a perch for butterflies to warm their wings.
- 4. Include a small, shallow pool or water or a mud puddle as a source of mineral nutrients.
- 5. Plant in large clumps.
- Include plants that provide both nectar for the adults & leaves, flowers and seeds for the larvae. Pay attention to the flowering time, as you want a long, even year-round series of blooms to produce nectar for the adult butterflies.
- 7. DO NOT SPRAY ANY PESTICIDES in your garden.
- 8. Leave a corner in your garden unpruned and unweeded for additional habitat.

### **Nectar Plants**

BOTANICAL NAME	COMMON NAME	BLOOM SEASON
Achillea 'Moonshine'	Yarrow	Spring, Summer, Fall
Aster spp.	Aster	Summer, Fall
Bidens spp.	Bur-Marigold	Spring, Summer, Fall
Buddleia	Butterfly Bush	Summer
Ceratostigma	Plumbago	Summer, Fall
Convolvulus sabatius	Morning Glory	Summer
Erigeron karvinskianus	Fleabane	Spring, Summer, Fall
Lantana spp.	Lantana	Spring, Summer, Fall
Lavandula spp.	Lavender	Spring, Summer
Leucanthemum maximum	Shasta Daisy	Summer, Fall
Nepeta spp.	Catmint	Summer, Fall
Origanum laevigatum '	Ornamental Oregano	Summer
Salvia uliginosa	Bog Sage	Spring, Summer, Fall
Scabiosa columbaria 'Butterfly Blue' & 'Pink Mist'	Pincushion Flower	Spring, Summer, Fall
Sedum spectabile 'Autumn Joy'	Stonecrop	Fall
Solidago rugosa 'Fireworks'	Goldenrod	Summer, Fall
Verbena bonariensis	Verbena	Spring, Summer, Fall
Verbena rigida	Verbena	Spring, Summer, Fall

### Larval/Host Plants

BOTANICAL NAME	COMMON NAME	BUTTERFLY ATTRACTED	
Asclepias spp.	Milkweed	Monarch	
Brassica campestris	Field Mustard	Sara Orangetip, Checkered White, Veined White, Cabbage White	
Ceanothus spp.	California Lilac	Pale Tiger Swallowtail, Brown Elfin, CA Hairstreak, Spring Azure/Echo Blue	
Cirsium spp.	Thistles	Mylitta Crescent, Panted Lady	
Diascia spp.	Twinspur	Common Buckeye	
Eriogonium grande rubescens	Red Buckwheat	Acmon Blue	
Foeniculum vulgare 'Smokey'	Bronze Fennel	Anise Swallowtail	
Lavatera & Malva spp.	Mallow	Painted Lady, West Coast Lady, Gray Hairstreak, Common Checkered	
		Skipper	
Mimulus spp.	Monkey Flower	Common Buckeye, Chalcedon Checkerspot	
Penstemon heterophyllus	Blue Penstemon	Chalcedon Checkerspot, Common Buckeye	
Plantago spp.	Plantain	Common Buckeye, Chalcedon Checkerspot	
Quercus spp	Oak Trees	CA Sister, CA Hairstreak, Gray Hairstreak, Echo Blue, Mournful Duskywing	
Salix spp.	Willow Trees	Mourning Cloak, Lorquin's Admiral, Western Tiger Swallowtail	
Sidalcea malviflora	Checkerbloom	West Coast Lady	
Spiraea spp.	Spirea	Spring Azure (Echo Blue)	
Urtica spp.	Nettles	Red Admiral, Painted Lady, West Coast Lady	
Carex spp.	Leatherleaf	CA Ringlet, Umber Skipper, Woodland Skipper, Fiery Skipper, Rural (Farm)	
	Sedge	Skipper, Sachem Skipper and other skippers.	
Festuca californica	California fescue		
Muhlenbergia rigens	Deer Grass		
Stipa spp.	Feather Grasses		
Melinus nerfiglumis 'Pink	Ruby Grass		
Crystals'			



# **Butterfly & Hummingbird Gardens (cont'd)**

Darting from flower to flower, its wings a blur of speed, the tiny hummingbird gathers nectar along with minute insects and spiders. Its rapid wing beats and almost ceaseless animation require extraordinary energy: a hummingbird must constantly refuel. In a day, one bird may consume more than half of its weight in sugar.



Because hummingbirds feed from dawn to dusk, a garden full of their favorite flowers will attract and hold their attention. Place flowers at different levels (but not much lower than 18 inches). Trees flanked by shrubs and bordered with a variety of perennials & annuals would be wonderful.

In general, the most appealing flowers are trumpet, funnel or tube-shaped and those that hold nectar at the blossom base. When you find hummingbirds visiting flowers that don't conform to those shapes, you can be sure that abundant nectar is the lure. Brightly colored flowers are best; red and orange are preferred, though blue and pink are popular.

# <u>TREES</u>

Acacia Albizia julibrissin Chilopsis linearis Citrus Erythrina Eucalyptus Liriodendron tulipifera Melia azedarach

Silk tree Desert willow Coral tree

Tulip tree Chinaberry

### SHRUBS

Abelia Abutilon Buddleia Callistemon Cestrum Chaenomeles Correa Erica Feijoa sellowiana Fuchsia Grevillea Hibicus syriacus Justicia Kolkwitzia Lonicera Melaleuca Ribes Rosemarinus officinalis Weigela

Flowering maple Butterfly bush Bottlebrush Night jessamine Flowering quince Australian fuchsia Heath Pineapple guava

Rose of Sharon Shrimp plant Beauty bush Honeysuckle

Flowering currant Rosemary

### ANNUALS

Antirrhinum majus Impatiens Nicotiana Petunia Phlox drummondii Salvia splendens Tropaeolum majus Snapdragon

Flowering tobacco

Annual phlox Scarlet sage Nasturtium Agave Alcea rosea Aloe Alstromeria Anigozanthos flavidus Aquilegia Cuphea ignea Delphinium Diaitalis Echium fastuosum Gladiolus Heuchera Impatiens Ipomopsis aggregata Ipomopsis rubra Kniphofia Leonotis leonurus Lobelia cardinalis Lobelia laxiflora Lotus berthelotti Lychnis chaldedonica Lychnis coronaria Mimulus Mirabilis jalapa Monarda Penstemon Phlox Phygelius capensis Salvia Zauschneria

PERENNIALS

Hollyhock Kangaroo paw Columbine Cigar plant Foxglove Pride of Madeira Coral bells Red-hot poker Lion's tail Cardinal flower Parrot's beak Maltese cross Crown pink Monkey flower Four o'clock Bee balm Beard tongue Cape fuchsia Sade California fuchsia

# **VINES**

Trumpet creeper Blood-red trumpet vine Honeysuckle Flame vine Cape honeysuckle



Alden Lane Nursery 981 Alden Lane · Livermore, CA 94550 · (925) 447-0280 · aldenlane.com K:\Garden Care Guides\Butterfly & Hummingbird Gardens.doc

Lonicera

Campsis radicans

Distictis buccinatoria

Pyrostegia venusta

Tecomaria capensis